








# January 2010



HOOVER SCHRUM SCHOOL DIST. 157

K-6 NuMenu

Monday	Tuesday	Wednesday	Thursday	Friday
				
4	 5	6	7	8
	<b>TEX MEX TURKEY RICE BOWL</b>  Orange Juice Bar  Tortilla Rounds Whole Grain	<b>CHICKEN TENDERS</b>  Baked Beans  Mixed Fruit Cup  Corn Muffin	<b>PIZZA DIPPERS</b> Marinara Dipping Sauce  Fresh Baby Carrots  Fresh Apple^  Multi Grain Sun Chips	<b>BREADED CHICKEN FILLET</b>  Mashed Potatoes  Fresh Orange^
11	12	13	14	15
<b>TOASTED CHEESE SANDWICH</b>  Tomato Soup w/ Noodles  Blue Raspberry Juice Bar	<b>MINI CORN DOGS W/POTATO FUN SHAPES</b>  Peach Cup  Apple Oatmeal Cookie	<b>TERIYAKI MEATBALLS W/RICE</b>  Garden Green Peas  Applesauce Cup		
18	19	20	21	22
<b>Martin Luther King Jr. Observed</b> 	<b>CHICKEN TENDERS W/ POTATO WEDGES</b>  Cherry Juice Bar	<b>SMOKED BEEF SAUSAGE W/POTATO ROUNDS</b>  Peach Cup	<b>HAMBURGER</b>  Corn  Fresh Apple^  Apple Cinnamon Multigrain Mini Crisp	<b>CHEESE PISA PIZZA</b>  Fresh Baby Carrots  Fresh Pear^
25	26	27	28	29
<b>TACO "HOT POCKET"</b>  Corn  Sour Apple Juice Bar  Carrot Muffin	<b>CHICKEN NUGGETS W/ POTATO ROUNDS</b>  Applesauce Cup	<b>CREAMY CHICKEN PASTA</b>  Garden Green Peas  Pineapple Cup  Soft Breadstick	<b>SLOPPY JOE</b>  Mashed Potatoes  Fresh Banana^	<b>PIZZA DIPPERS</b> Marinara Dipping Sauce  Fresh Baby Carrots  Fresh Orange^

\*\*\* ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. \*MENU SUBJECT TO CHANGE.



The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotope, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a discrimination complaint, write USDA, Director Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer. Preferred Meal Systems does not purchase or produce harmful products containing artificial trans fat. However, some products such as beef & cheese contain naturally occurring trans fat which is not harmful.